



Year 6 shared a respectful, poignant Remembrance assembly today, inviting all of us to remember those who have served or are serving for our country. Their reflections, prayers and singing were so lovely to hear. Thank you and well done Year 6.

Our year 3 represented themselves so well at their visit to the Harlow Museum and I received very positive feedback about their interest and behaviour

The Gospel message this week was to 'practise what you preach' – do see the Wednesday Word attached for more insight on the Gospel message this week.

Mrs A-M Black

**“Carry peace with you to give it to others with your life, with a smile, with works of charity.”**

Pope Francis

Double House Points and Pupils of the week will be shared next week.

#### Latest

**PGL Residential 2024/2025:** There will be a virtual meeting for current Year 5 children regarding next years residential on **Tuesday 14<sup>th</sup> November at 4.30pm**, please check your emails for the link to join this.

#### Non-Uniform Day – Friday 17<sup>th</sup> November

This Friday we will host a non-uniform day (no theme). We will be taking donations on the gates for NSPCC - one of the Children in Need supported charities.

**Pre-School Applications:** Applications for the Pre-School can be made at anytime with places being offered the term after the child's 3<sup>rd</sup> birthday. Please find our Pre-School application form [here](#).

**Reception 2024/2025 Applications:** You can now apply online for your child's Reception school place. Information on this can be found [here](#) on the Essex website. Closing date for applications is 15<sup>th</sup> January 2024.

**Harlow Library:** Why not visit the town library for family story time this weekend on **Saturday 11<sup>th</sup> November from 11am-11.30**. Join for stories and crafts and refamiliarize with the library ahead of the Winter Reading Challenge which will soon be returning at the end of the month.

**Christmas Lunch Order:** If your child would like a Christmas dinner on Wednesday 6<sup>th</sup> December please ensure you have pre-ordered this [here](#) before the deadline of Tuesday 21<sup>st</sup> November.

**Sleep Matters:** Sleep is essential to brain function, by helping our children to sleep better, we can help them to succeed in school. Please see attached poster from the national sleep helpline who provide free help to parents and children to learn more about their sleep and develop better bedtime routines.

**Cold weather:** Please make sure all children have suitable outdoor coats, hats, gloves, scarves as the weather gets colder. The children are outside for some time at lunch and need to stay warm.

#### Tech Tips

**E-Safety:** The NSPCC share helpful guidance for parents on a range of topics. This week we share a link to some activities for children to do at home [here](#)

#### Medical

**Headlice:** We are asking parents to be vigilant regarding head lice. Please regularly check your child's hair. Advice for treatment can be located [here](#).

**Should I Keep My Child of School?** Please see attached poster with information on when to keep your child home. Further details can be found [here on the NHS website](#).

**Child Health Matters:** Our local NHS has created a free [Childrens Health Matters guide](#) for parents and carers. It explains how to treat children at home, when to see a GP or call 111, and when you should seek emergency help.

#### Catholic Community

**Wednesday Word** – Please find attached the Wednesday Word which is an invitation to share this week's Gospel at home as a family. We hope to send this out now each week with the newsletter.

**Brentwood Catholic Children's Society:** BCCS have a lovely selection of religious themed Christmas Cards in stock for purchase to aid with their fundraising. An order form is attached for your perusal and all information can be found on their [website](#).

#### Community

**Harlow Homework Club:** Using games the whole family can get involved in, these fun and interactive tutor led sessions are designed to make learning fun and give you and your child skills to use at home! These **free sessions** run on a Wednesday 15:30-17:15 [require booking](#).

**ACL Essex** is Essex County Council's provider of adult and family learning across Essex. They offer **FREE** courses for parents, carers, grandparents across Essex. More information can be found [here](#).

**Cost of Living:** Guidance to getting extra payments to help with the cost of living if you're entitled to certain benefits or tax credits can be found [here](#).

#### School Life

**Dinner Menu:** Next week (w/c Monday 13<sup>th</sup> November) we will be on Week 3 of the Winter Menu, located [here](#) on the school website.

**Facebook:** [St Alban's Catholic Academy](#) now has its own official Facebook page. This will be updated weekly with events and school news including children's school activities and photos.

**Key Dates:** Please remember to keep check of the upcoming dates link in this newsletter which advises dates for all the key events we have planned for this academic year. [Click here for St Alban's Key Dates 23-24](#)

#### Gate Opening Times:

8:40am – 8.55am - After this time, your child will be marked as late.

3.05pm – Pre School sessions finish

3.15pm – End of the school day