



For the start of Lent, we were able to gather the whole school together again to celebrate Mass with the Parish. The students were very well behaved and respectful, and several parishioners came to say how impressed they were with our students.

The Junior Mission Teams are sharing with the school how we can follow 'pray, fast and give' for lent. (We look for ways of fasting from choices that may not be the best for us rather than from food).

During Lent we will be saying the Stations of the Cross (outside if dry) at 9am – you are most welcome to join us, just come to the office.

Mrs A M Black, Head of School

"How powerful prayer is!"

Pope Francis

Pupils of the Week: Pupils who gained a certificate this week are:

Year R – Julia

Year 1 – Jesh

Year 2 – Whole Class

Year 3 - Carol

Year 4 – Jude

Year 5 – Kitty

Year 6 - Jessica



House Points: Well done to **St Francis** this week's winners!

St Bernadette – 215 points

St Francis – 208 points

St Paul – 192 points

St Theresa – 133 points

St Thomas More – 137 points

St Anne Line – 176 points



Ash Wednesday and Lent: As we begin the journey of Lent together do see this link to the CAFOD [website](#), which has some beautiful ideas for prayer within the home.

Stations of the Cross during Lent: If the weather is dry, please do join us for the Stations of the Cross which are said outside. Please come to the School Office for 9am. For other times to join the Stations of the Cross at our local Parishes, please do see the websites on the right of this newsletter.

Dinner Menu: Our school dinner menu can be located [here](#) on our website. Next week we will be on week 1 (Monday 27th February). **Please see attached special menu for World Book Day on Thursday 2nd March.**

Life Online: Please find [here](#) guidance and help about how to talk to your children about life online and the different issues and dangers they may face.

PSHE Healthy Me: This week we launched our new PSHE topic- Healthy me. Children reflected on what we need to do to keep us healthy- much like keeping a car safe for driving. Over this term all children will explore what we need to ensure we keep our minds and bodies healthy.

School Photographs: A reminder that individual, sibling and class school photographs are being held on Monday 27th February.

World Book Day: Is on Thursday 2nd March, please see attached our special menu for this day. Children may come to school dressed as a book character/non uniform. Harlow Library are holding their next Family Storytime event at 10am on Saturday 11th March where younger and older children can join for stories and crafts. More information can be found [here](#).

Is my child too ill for school? Please find attached poster and [NHS website guidance](#). In regards to temperatures the NHS advise "if your child has a high temperature, keep them off school until it goes away" With a high temperature being given as 38c or more.

Meals Accounts: Please check your child's meals account to ensure it is in a credit or zero balance. School dinners are charged at £2.20 per day for children in KS2.

School Website: Please do remember to regularly check your [child's class page](#) and the [school website](#) for all the latest news on what our children have been up to.

Key Dates: Please remember to keep check of the upcoming dates link in this newsletter which advises dates for all the key events we have planned for this academic year.

After School Welcomes at Harlow Library: The next session will be held on **Wednesday 1st March**. Using games that the whole family can get involved, in these fun and interactive tutored sessions are designed to make learning fun and give you and your child skills to use at home! Family food time and free snacks are also include, please find further information and bookings [here](#).

World Events: When the world seems an uncertain place or world events are frightening, our children look to us for reassurance and advice. Sometimes knowing just what to share with them or how to answer their questions can be confusing for parents and carers. Please find support on this from [BCCS website](#).

Congratulations to Isla who raised an incredible extra £250 for the Red Cross Appeal.

Help with the cost of living: We know it is a difficult time for everyone with the rise in the cost of living. Find information [here](#) on useful websites, organisations and advice to help you with rising costs.

Term Dates: School term 2022-2023 dates are available on the [school website](#).

Gate Opening Times:
8:40am – 8.55am - After this time, your child will be marked as late.
3.15pm – End of the school day

Mass Times:
Old Harlow - **Sunday** Mass times are 10am and 6pm
<http://www.catholicchurchoftheassumption.co.uk/>
Our Lady of Fatima Parish Mass times are STM Church **Sunday** 8.30am
OLF Church: **Saturday** 6pm
Sunday 10.30am, 12.15pm (Polish)
<https://olfstm.weebly.com/>

Upcoming Dates:
[Click here for St Alban's Key Dates 22-23](#)